

lunch menu

12-2pm

2 courses £26.95

carrot & apricot soup with sesame & coriander

carpaccio of beetroot with whipped goats cheese & roasted hazelnuts with fresh mint & aged balsamic

arancini with Bolognese ragu, crispy basil & shaved parmesan

grilled king prawns marinated in fresh chilli & ginger with roasted red pepper cous cous, baby tomatoes & feta with citrus scented yoghurt & coriander

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grilled fillet of Shetland hake with creamed cauliflower, crisp golden polenta, pickled grapes, shrimp & samphire

oven roasted breast of chicken with spinach & orzo salad, pine nuts & olives with pecorino cheese, parmaham & citrus yoghurt

parmesan crusted parsnip fritters with granny smith apple & mint salad, maple syrup & a blue cheese & walnut whip

cider battered fillet of haddock with warm tartare sauce, hot buttered peas & crisp fried potatoes

To reserve a table please check availability on  
[www.rocpoolrestaurant.com](http://www.rocpoolrestaurant.com)